



**SCFA HELP AVAILABLE – from April 2014, subject to regular review.**

**Travel allowance for London Hospital trips - £30 per return journey ( signed travel claim forms needed, not just train tickets. Forms available from website [www.southend-cfa.org.uk](http://www.southend-cfa.org.uk)). Patient only – not for visitors etc. Travel to and from hospital admission = 1 return journey. Not intended for those who already get their travel costs reimbursed via hospital, although we are unable to police this.**

**Exercise Allowance - £200 per patient per year. Can be used for gym membership, dancing lessons, tennis etc, exercise bike/running machine, Nintendo Wii fit / Xbox Kinect / Play Station 3 Move kit, bicycle purchase, trampoline, swimming lessons etc. Can be used in stages throughout the year up to maximum £200 per year ( Oct – Oct) Either invoice us or pt can pay and submit receipts for reimbursement.**

**Prescription Exemption Certificate – annual. We can pay direct or patient can pay and submit proof of payment so we can reimburse them.**

**Medical Equipment, Individual use ie nebuliser, oxygen etc. Will need patient's permission for us to liaise with treating team to ensure equipment is appropriate.**

**Additional Drug Costs (non prescribable ) eg osteocare.**

**Driving Lessons - £200 per patient paid direct to driving instructor, plus cost of 1<sup>st</sup> driving test.**

**Hospital TV Vouchers. Up to £10.00 per week. Receipts needed for reimbursement.**

**Hospital admission visiting/carer's costs – when a CF patient is an in patient at a London hospital, up to £200 per year will be refunded towards the costs incurred to the patient's chosen visitor. We will fund, subject to regular review, the cost of a weekly travel card for the duration of the admission or £200 towards it, whichever is the lesser. Alternatively, where the visitor stays at the hospital and costs are incurred, up to £200 can be refunded. Requests can be made via CF team or direct to us via email/letter/website. Receipts/confirmation of admission dates required.**

**Any other requests not listed – patient/family/CF Team can make a request direct to SCFA via email/letter/website for consideration.**

**[www.southend-cfa.org.uk](http://www.southend-cfa.org.uk)**